Here's a quick quiz to check you've understood today's language. Which of these sentences would you be most likely to use if you were talking to a friend?

A. My view is that we should go to the party
B. I think we should go to the party

You would probably use the second phrase if you were talking to a friend. Remember, 'my view is…' sounds more formal than 'I think…'

Now imagine you are working in a restaurant and have accidentally given a client the wrong change. Which of these three phrases would be more appropriate?

A. The fact is, it was a mistake.
B. I can assure you that it was a mistake.
C. Look, it was a mistake

The second phrase - ' I can assure you…' - would be best as it's the most polite, the others would sound too aggressive. That's all for today, but keep practising your English with bbclearningenglish.com.